

### **Invitation:** Join our Pilot Series of Online Workshops for Teachers and Educators

The <u>CLARITY project</u> aims to empower teachers and other educators to better address climate-anxiety and nurture climate resilience, creativity, connection and regeneration among and with their learners. To support this goal, we have created the CLARITY Competence Framework for Transformative Climate Resilience Education for Children and Youth, a draft pedagogical toolbox, and teacher training material, including a **series of online workshops for teachers and educators**. **Come and join us for our first pilot!** 

# What is this series of workshops about?

This series of workshops will enable teachers an educators to better understand **why** the competences under the CLARITY framework contribute to climate resilience. Workshops will also address **how** those competences can be taught in ways that contribute to individual, collective and ecosystemic wellbeing. The workshop series will help teachers and educators acquire the knowledge and skills they need to use all tools from the toolbox, including by diving deeper into approaches and methods that may be novel or complex, and cannot be mastered by reading the teachers' guide only.

#### What will you learn?

Each workshop will focus on a different competence area:

### 1. Navigating climate emotions and climate trauma with students

We will address what climate anxiety is, how it manifests in children and youth, as well as why and how it needs to be addressed when teaching. We will discuss why the emotional wellbeing and mental health of teachers and educators is paramount, as well as simple exercises you can implement and resources that you can access to restore wellbeing.

## 2. Connecting to oneself, others and nature

We will explore why and how integrating activities in nature and with animals helps build critical competences for climate resilience and regeneration. The role of journalling and storytelling in deepening connections will also be explored.

#### 3. Embracing values that sustain morethan-human lives

We will experiment with deep-listening techniques and discuss how they are crucial to a sharper understanding of the cultural stories we tell ourselves. This workshop will also focus on working with Indigenous knowledge holders and their stories.

### 4. Opening up to diverse and regenerative futures

We will introduce the Futures Literacy Lab method and how it can be introduced in full or in parts to grow imagination, foster agency and active hope, as well as engage fully with regeneration and transformation. We will also highlight the role of visual arts in diversifying our representations of the future.

## 5. Taking collective action towards climate resilience and regeneration

We will address how to make the most of synergies between inner change and collective action (in schools and in the outer world), for both impact and learning purposes.



#### How will you learn?

The workshops will be facilitated by the One Resilient Earth team with support from other CLARITY partners and invited experts. Workshops will enable interactive exercises, Q/A sessions and peer-learning. In addition, all participants will have access to an online community platform where all recordings and complementary learning material will be saved and where you will have a chance to connect and interact further with others.

### What is expected of participants?

Participants are expected to join 5 online workshops of 2 hours, from 5-7pm CET, on:

- January 9<sup>th</sup>
- January 23<sup>rd</sup>
- February 6<sup>th</sup>
- February 20<sup>th</sup>
- March 6<sup>th</sup>

In case you cannot join one session, workshops will be recorded and accessible online. We expect participants to watch the recordings of the workshops they cannot join.

Participants are expected to read the relevant chapter in the teachers' guide prior to each workshop, as well as to watch complementary video material (1-2 videos of 5-10 minutes per workshop).

Moreover, we expect participants to test tools from the <u>CLARITY draft toolbox</u> with their students before the summer of 2025, to participate in surveys about the practicality and impact of the tools, as well as to gather simple data from their students about their assessments of the tools

# What will you gain as a participant?

As a participant, you will gain:

- Early and free access to pioneering pedagogical tools and methods to foster transformative climate resilience education;
- Connections with members of a transnational community of educators committed to transforming climate education;
- Peer-learning and one-on-one support during workshops and in between through the knowledge and community platform;
- The opportunity to shape pedagogical tools that will help limit the climate anxiety of thousands of children and youth in Europe, while fostering their resilience, creativity and ability to regenerate their ecosystems;
- A chance to be invited to a transnational community meeting in May-June 2025 in Germany, where we will further network and brainstorm on transforming climate education towards resilience and regeneration.

### Sign up <u>here</u> before December 13<sup>th</sup>, 2024, if you are interested to join our pilot series of workshops.

#### https://forms.gle/sFfp9CoJ7g1aBTyG6

We will get back to you before December 20<sup>th</sup> to let you know whether you have been selected to take part in this pilot cohort of educators. If you have any questions, please reach out: **contact@transformingclimate.education** 



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